

**Canadian Complimentary Osteopathic Symposium  
April 14 – 15, 2018**

**Sponsored by The Children's Hope Center and The  
Ontario Federation of Osteopathic Professionals**

Venue: Monte Carlo Inn  
7255 Warden Avenue  
Markham, Ontario, Canada  
Phone (905) 752 - 2700

Organizer / Registration Contact:  
Mr. Robert McDonald  
Phone: +1 (647) 477-2071  
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## Honorary Speakers



**Dr. Shawn K. Centers, DO, MH, FACOP, BCIP** is the Chief Medical Officer and staff pediatrician for The Children's HOPE Center in San Diego, California. He is a Board Certified Pediatrician, specializing in Integrative Medicine and Osteopathic Pediatrics. An internationally known expert in Integrative Pediatrics, nutrition, and herbal medicines he has successfully applied these to critically challenged children for the past twenty years. A student of the world renown Osteopath Dr Viola Frymann, who developed cranial osteopathic treatment for children he has endeavored to preserve her unique techniques for future generations as well as develop new technique based on her work. Dr Frymann was one of the few direct students of

Dr William G. Sutherland, DO, the founder of Cranial Osteopathy.



**Mr. Phillip Beach, DO, DAC**, Phillip grew up in Sydney, Nigeria, Malaysia and Papua New Guinea. When he was deciding on a career he went to London to study Osteopathy and Traditional Chinese Medicine. His research interests revolve around three central questions. Firstly, how may we model whole organism movement patterns? There is remarkably little work being done on this central question. The 'Contractile Field' model uses embryology and vertebrate evolutionary biology to discern those patterns. Secondly, what are the biomechanical drivers that are creating endemic musculoskeletal distress in our society? His presentation will introduce

what he calls Archetypal Postures and the Erectorcises. Thirdly, what might the Chinese have been mapping with their enigmatic map of meridians?

## Honorary Speakers



**Ms. Anne Hartley, D.O.M.P, BPHE, CAT(C)** is a prominent Canadian athletic therapist, osteopathic manual practitioner, retired teacher (Professor Emeritus Sheridan College) and author. She is well known for her knowledge and understanding of therapeutic modalities and manual therapy. She is a retired professor of 32 years in the Bachelor of Athletic Therapy Program at Sheridan College – in Toronto Canada, and has lectured extensively in both Canada and the United States – over 300 workshops. She has been a member of the Canadian medical teams for several Pan Am, Olympic, Paralympic and International games. Anne maintains an

active clinical practice specializing in athletic therapy, and manual techniques. She is a graduate of the Canadian College of Osteopathy with a diploma in Osteopathic Manual Practice. She specializes in many different kinds of therapy including sports medicine, fascial techniques, electrical modalities, acupuncture, cranial sacral and visceral therapy.



**Dr. Kerry D'Ambrogio, D.O.M., A.P., P.T., D.O.-M.T.P.** is an internationally recognized lecturer in over 20 countries worldwide, published author of “Positional Release Therapy”, is a physical therapist, osteopath and board certified acupuncture physician. He graduated from the Physical Therapy program at the University of Toronto, Canada, the Osteopathic program at the Canadian Academy of Osteopathy in Hamilton, Ontario, Canada, The John Wernham College of Classical Osteopathy in Maidstone England and the Acupuncture program at the Academy of Chinese Healing Arts in Sarasota, Florida, USA.

## Honorary Speakers



**Ms. Louise Tremblay** studied acupuncture and practiced classical homeopathy for 20 years. Her interest in manual therapy started in 1996 with Bowen therapy. In order to understand the amazing results of Bowen, she studied osteopathy for six years. She also teaches the Niromathé method and DermoNeuroModulation with contagious enthusiasm. Louise strongly believes that understanding human physiology is essential to the quality of the "moves" in any manual therapy. All manual therapists are stimulating the central nervous system, it is only the techniques used that are different. In

addition to her work as a practitioner, writer and researcher Louise travels the world, teaching in North America, the UK, Europe and Australasia.



**Mr. Anthony Kaake, DOMP, RMT**, has been a health care practitioner for almost 20 years. Anthony believes that there is merit to having various practitioners work together to address patients concerns. Anthony has been able to work alongside many practitioners of various backgrounds who have visited the clinic to spend time with him; to learn and to observe his unique approach of Osteopathy. He has developed a keen interest in the viscerosomatic reflex. Anthony will share his theories of the viscerosomatic reflex and the correlation between this and the lungs and hands. Anthony has been able to help patients with acute and chronic hand dysfunctions, as well as patients with respiratory dysfunctions using these principles.

## Honorary Speakers



**Ms. Katherine Anderson, DOMP, RMT, CMFR SI, HBS FP**, is a practicing Osteopathic Manual Practitioner and Registered Massage Therapist, and has studied Structural Integration. She also is a Master Level Trainer of Functional Patterns. Fifteen years of full time practice and teaching myofascial approaches in Canada has driven a focused study of the fascia, physics and the biomechanics of the body. She will explore the interrelations of posture and exercise to create or maintain tensegrity of the connective tissue network, review the Myofascial Meridian work as it relates to structure and explore the integration of movement in to practice thus solidifying structural changes of treatment with

the use of Functional Patterns movement protocols.



**Dr. Nick Tsaggarelis, BKin, DC, DAc, Med.** has been integrating manual therapies to decrease pain, improve movement, manage sports injuries, and optimize performance for over two decades. His patients vary from professional and recreational athletes, “A” list celebrities, elite law enforcement and military personnel to people that just want to enjoy the simple things in life like walking or sleeping without any pain. His lecturing experience traverses the globe, with the development and implementation of educational programs and shared clinical knowledge on advances in Acupuncture and Dry Needling, Chiropractic Techniques, Soft

Tissue Therapies, Rehabilitation Strategies, Kinesiology Taping and electrotherapeutic modalities.

## **Abstracts and Program Schedule**

### **LEARNING FROM THE NIGHT VISITOR: A STORY OF HOPE, HEALING, & The FUTURE OF OSTEOPATHY**

Dr. Shawn K. Centers, DO, MH, FACOP, BCIP

In 1973 Viola M. Frymann DO FAAO, FCA delivered a series of lectures to the American Academy of Osteopathy addressing her vision of the Osteopath of the Future and the future of medicine. This lecture was in part inspired by the story of the “night visitor” relating to the hidden origins of Osteopathy. According to Dr. Frymann the origins of Osteopathy were derived from an ancient lineage originating in China and the far east.

Learn about Dr. Frymann’s vision of the Osteopath of the future, learn about Osteopathic concepts of the fluid body, the energetic body and how this relates to traditional Chinese Medicine, Ayurvedic Medicine and Traditional Filipino Medicine.

Learn about how integration of advanced osteopathic concepts with ancient wisdom can accelerate healing and lead the practitioner further in becoming the Osteopath of the future.

### **LAB: EXPLORING ADVANCED OSTEOPATHIC CONEPTS IN TREATING COMPLEX CONDITIONS IN CHILDREN**

Mr. Phillip Beach, DO, DAC

### **TUNE YOUR PHYSIQUE – INTORDUCTING THE ARCHETYPAL POSTURES AND THE ERECTORCISES.**

We are derived from a species such as Homo erectus. Standing up preceded big brains, fire, language and tools. Something about being erect created the conditions that facilitated cascades of extraordinary change in the way we relate to the world. For millions of years when not active we retired to the landscape for rest and socialization.

I suggest these postures are as deeply embedded in our biomechanical physiques as 120/80 is to our cardiac physiology. When we lose access to the ease of a floor based lifestyle we become ‘out of tune’. The flip side of floor life is erecting from the floor to standing – the Erectorcises. These movement sequences are patterns of fundamental strength. Learning to read these postures is profoundly useful in the clinical setting.

## **Conference Schedule**

### **Saturday Schedule**

8:45 a.m. – 9:00 p.m. Dr. Jacob Brainis, ND(M), DOMP – Welcome !

9:00 a.m. – 9:55 a.m. Mr. Anthony Kaake, DOMP, RMT – “The Viscero-somatic reflex from our lungs to our hands”

10:00 a.m. – 10:55 a.m. Dr. Shawn Centers, DO, MH, FACOP, BCIP –  
“EXPLORING ADVANCED OSTEOPATHIC CONEPTS  
IN TREATING COMPLEX CONDITIONS IN  
CHILDREN”

11:00 a.m. – 11:55 a.m. Mr. Phillip Beach, DO, DAC – “TUNE YOUR  
PHYSIQUE – INTRODUCING THE ARCHETYPAL  
POSTURES AND THE ERECTORCISES”

12:00 pm – 12:55 Lunch

1:00 p.m. – 1:55 p.m. Ms. Louise Tremblay – “Somesthesia and Manual  
Therapy”

2:00 p.m. – 3:25 p.m. Workshop A - Dr. Shawn Centers, DO, MH, FACOP, BCIP  
“EXPLORING ADVANCED OSTEOPATHIC  
CONEPTS IN TREATING COMPLEX  
CONDITIONS IN CHILDREN”

### **Sunday Schedule**

9:00 a.m. – 9:55 a.m. Dr. Nick Tsaggarelis, BKin, DC, DAc, Med. – “The  
Management of Pelvic Pain in a Professional Ballerina –  
Overlooked causes of pain and the integration of a multi-  
modal therapeutic approach”

10:00 a.m. – 10:55 a.m. Ms. Anne Hartley, D.O.M.P, BPHE, CAT(C) – “New  
Explorations on Fascia”

11:00 a.m. – 11:55 a.m. Dr. Kerry D’Ambrosio, D.O.M., A.P., P.T., D.O.-M.T.P. –  
“Osteopathy – a naturopathic healing system”

12:00 pm – 12:55 Lunch

1:00 p.m. – 1:55 p.m. Katherine Anderson, DOMP, RMT, CMFR SI,  
HBS FP – “Myofascial Medians, Biomechanics  
and Tensegrity: Exploring Alignment and Re –  
Tensioning of the Body Functional Patterns  
and the Osteopathic Approach”

## Conference Schedule

### Sunday Schedule

2:00 p.m. – 3:25 p.m. Workshop B – Mr. Phillip Beach, DO, DAC – “TUNE YOUR PHYSIQUE – INTRODUCING THE ARCHETYPAL POSTURES AND THE ERECTORCISES”

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**REGISTRATION: Limited to 120 guests**

The conference fee is \$800 CAN + HST  
**at the door** (includes Saturday and  
Sunday lunch).

**EARLY BIRD DISCOUNT: \$550 CAD +  
HST by October 31<sup>st</sup>. November 1<sup>st</sup> and forward \$700 CAD  
+ HST**